

Activities & Programs December 2015



*Mt. Hope Lutheran
Church Choir*
**Thursday,
December 3rd at 6:00pm**

The community is invited to the Commission on Aging & Senior Center to hear the choir from Mt. Hope Lutheran Church. They will be bringing joyous music of the season for your listening pleasure.
FREE - Open to the public.



Christmas Dinner
Thursday, December 10th

Roast Beef
Roasted Reskins
Corn Blend
Mixed Fruit
Chocolate Pie

Serving Dinner 4-6pm
Suggested donation for for 60 and over is \$3.00
The cost for those under 60 is \$5.00



December Song Burst – Christmas Carols

Christmas Carols will be ringing from the walls of the Senior Center on
Thursday, December 17th at 6:00 pm

Our vocal leaders for this event are Abby LeClair and Mark Jurkovich. Singing along is encouraged. Come and join in the spirit of the season.
FREE-Open to the public.

Munson Breakfast Presentation

HOLIDAY STRESS **Coping with the Stress of the Holiday Season**
Featuring Sheri Sheese, MSW, Munson Healthcare Grayling Physician

**Thursday,
December 17th @ 9am**

Egg & Sausage Casserole, Hash Browns, Fruit, Juice, & Coffee



AuSable Community Choir

The AuSable Community Choir
Every Monday from 6:00-6:45pm
at the Senior Center in Grayling located at 308 Lawndale Street.
Practice is open to anyone age 12 and older.



Add Your Voice...

More Happenings @ the Senior Center

Alzheimer's Support Group
December 16th
The Brook @ 11am



Message Therapy
December 1st & 15th



Pickleball @Grayling Elem.
Mondays at 3:30



Legal Assistance
December 23rd
Appt. Required



Foot Clinic
December 8th
Appt. Required

If you would like to know more about these programs call 348-7123 for more information.