

# Crawford County Commission on Aging & Senior Center Activities & Programs February 2017

## Dial Down/Bundle Up

### New Date

**February 1st at 12:30pm**



Gary Lamberg, from TrueNorth Community Services, will present how to be more comfortable in the home while conserving energy.

## Barry Van Guilder The Banjo Man

**February 2nd at 5:45pm**

High-spirited  
bluegrass,  
old country, folk  
& western swing!

**FREE Concert**



## Valentine's Day Dinner

**Thursday, February 9th**

Prime Rib  
Sweet Scalloped Potatoes  
Fresh Green Bean Blend  
Mandarin Oranges  
Brownies

**Serving Dinner 4pm-6pm**

**No Reservations Required!**

Suggested Donation for 60+ \$3.00  
Under 60 Cost is \$5.00

## LOVE SONGS Sing-A-Long

**Thursday, February 23rd  
at 5:45pm**

February is known for the month of Love so join us for a sing-a-long featuring an evening of love songs.

Pick your favorite love song  
and come share it with us.

Everyone is invited to join us  
for this free event!

## UPCOMING CONCERTS



**Coming in  
March**

Great Lakes Graham & the Fiddle Man is a bluegrass & folk duo from Marquette MI consisting of Troy Graham & Allen Dupras.  
**Thursday, March 16th at 5:45pm at the COA**

**Coming in  
April**

Brian Ashton, a local businessman and musician will be returning for your listening pleasure on **Thursday, April 6th at 5:45pm at the Senior Center.**



## More Happenings @ the Senior Center

**DHHS Assistance  
Program Appt.  
Feb. 15th  
1pm-4pm**



**Foot Clinic  
Feb 14th  
Appt. Required**



**Alzheimer's  
Support Group  
Feb 15th  
The Brook @ 11am**



**Legal  
Assistance  
Feb. 22nd  
Appt. Required**

**Massage  
Therapy  
Feb. 7th  
Appt. Required**



**Bible Study  
Tuesday @10am  
& Thursday  
@12:30pm**

