

# Crawford County Commission on Aging & Senior Center Activities & Programs June 2016

## Father's Day Dinner Thursday, June 9th

BBQ Ribs  
Smoked Baked Beans  
Ramen Salad  
Fruited Jell-O  
German Chocolate  
Cake

Serving Dinner 4pm-6pm

## COA'S BASEBALL TRIPS



### BEACH BUMS

June 10th, July 15th, & Aug 5th  
Each Trip is \$35.00



### DETROIT TIGERS

June 29th  
Cost of Trip is \$90.00

Sign up today! Call 348-7123 or stop in!

## DHHS Assistance Program Wed. June 15th from 9am to 12pm

Diane Howland, Eligibility Specialist from Crawford County Department of Health and Human Services will be at the Commission on Aging Senior Center Half hour appointments are available by calling Lori Darga, at 348-7123.

Am I  
eligible?



ARAUCO®

## Thursday, June 16th at 6pm

At the Crawford County Commission on Aging & Senior Center

Largest particleboard mill to be built in Grayling...a presentation from Arauco North America to introduce their company and why Arauco decided to build this plant here!

## FIREWISE PROGRAM

### Thursday, June 23rd at 6 pm

Learning about the dangers of wildfires can help save your home and those you love.

Join the Crawford County Commission on Aging as Crawford County Emergency Management Director & Frederic Township Fire Chief Doug Pratt presents the Firewise Program.

## FREE Munson Breakfast Presentation

Tuesday, June 28th at 9am  
At the Crawford County Commission on Aging & Senior Center



### Safeguarding Your Prescription Medications

With Kirsten Copus, Clinical Pharmacy Manager & Bonnie Gaiser, Medication Access Coordinator  
Farmers Omelette, Fresh Fruit, Muffin Juice & Coffee

## More Happenings @ the Senior Center

Alzheimer's  
Support Group  
June 15th  
The Brook @ 11am



Massage  
Therapy  
June 21st



Pickleball @  
Grayling Elem.  
Mons. at 3:30 &  
@ Frederic Twp. Hall  
Weds. at 10:00



Legal  
Assistance  
June 22nd  
Appt. Required



Foot Clinic  
June 14th  
Appt. Required

If you would like to know more about these programs call 348-7123 for more information.



Crawford County Commission on Aging & Senior Center  
308 Lawndale Street, Grayling, MI 49738  
(989) 348-7123

