

Or mail a check to COA
308 Lawndale St.
Grayling, MI 49738



Donations of \$50.00 or more can be
made on our website
www.crawfordcoa.org/make-a-donation

Crawford County Commission on Aging

2018-2019



ANNUAL REPORT TO THE COMMUNITY

308 Lawndale St., Grayling, MI 49738
(989) 348-7123
www.crawfordcoa.org
director@crawfordcoa.org
facebook.com/crawfordcoa

Levels of Giving: ☐ \$25 to \$49 ☐ \$50 to \$99 ☐ \$100 to \$249
 ☐ \$250 to \$499 ☐ \$500 to \$999 ☐ \$1000+

Method of Payment: ☐ Cash ☐ Check Gift Amount \$ _____

- ☐ I would like to receive monthly emails about activities and events.
- ☐ I would like to be contacted about planned gifts.
- ☐ I would like to volunteer for the Commission on Aging & Senior Center.

All Gifts are Tax Deductible

Name _____
Mailing Address _____
City/State/Zip _____
Home Phone () _____ Cell Phone () _____
E-Mail Address _____

New This Year!



The Mediterranean Chicken is a recent addition to the menu. I think they have another winner to choose from.—Tom



Walk in the Woods



Water Aerobics



New 2nd Menu Option

- Sandwiches
- Wraps
- Salads
- Soup
- Fruit



Paint Parties



Murder Mystery Dinner



Cooking Classes



"Kayaking was enjoyed by all and so much fun. We were made to feel so safe."—Rosemary



Kayaking Trip



"The Murder Mystery dinner was another successful COA event!"—Jeannie



Family Feud



"The Family Feud game was completely organized and so much fun!!"—Autumn

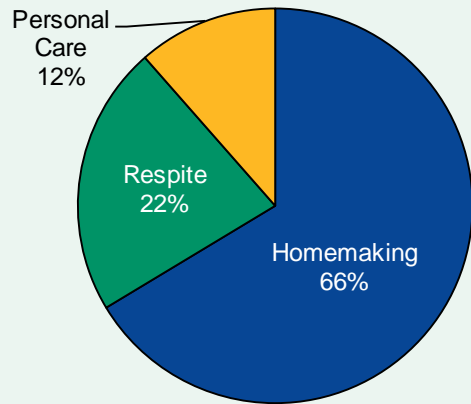


The Crawford County Commission on Aging & Senior Center is absolutely *amazing*. I am in constant awe of the varied and many programs you offer. The special seminars are so *relevant* and *necessary*. When I moved to Grayling eight years ago friends and family pondered what I was going to do up here. But this Center is a fount of information, social activities, excellent food, group outings, and recreational activities. The staff here has never failed to be *pleasant, informative, and helpful*. This Center is *Grayling's best kept secret*. I applaud you! Thank you. — Veronica T.

Creating Golden Opportunities for Older Adults of Today & Tomorrow

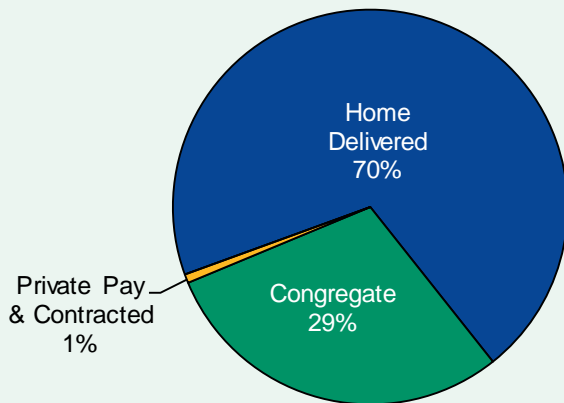
Over the past year, the Commission On Aging & Senior Center, through its programs and services, served 37% (1,505) of Crawford County seniors age 60 and above.*

In-Home Services 6,669 Hours ~ \$33.41 per Hour 142 Individuals



Meal Program 35,686 Meals ~ \$7.00 per Meal 906 Individuals

On average 149 people attended the monthly Community Dinners.



*Based on 2010 Census

Senior Center Activities

- 57 activities offered & attended by 898 unduplicated people.
- Average monthly attendance = 921
- Average daily visitors = 64
- Increased Fitness opportunities reached 282 unduplicated people

Commission on Aging Programs

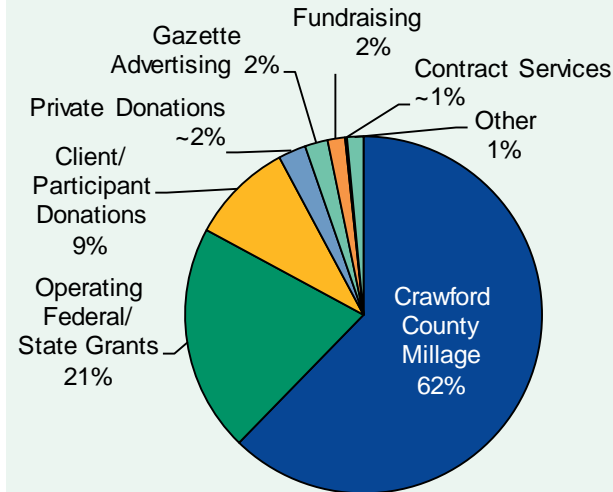
- 432 boxes of Food Commodities were delivered to 53 people.
- 297 hours were spent counseling 233 seniors with their Medicaid and Medicare benefits.
- 212 seniors received "Senior Project Fresh" farm market coupons.
- 51 loans of medical equipment
- 513 people received assistance thru our Advocacy services.
- 82 Medical Transports were provided to 25 individuals.

Thank You Volunteers!!

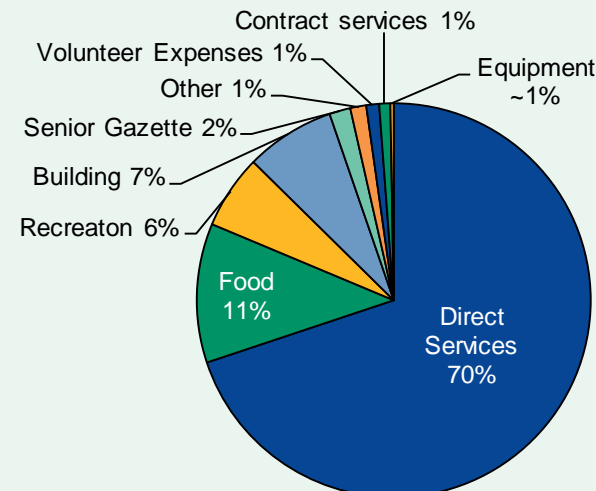
Over 4,647 hours were performed by over 135 volunteers to help make the Commission on Aging & Senior Center programs a success. This equates to \$44,411 in staffing dollars saved. In addition volunteers raised \$5,885 for a total of \$50,296 generated by our volunteers.

Total Budget Information

Total Revenue \$900,391



Total Expenditures \$893,525



Our Mission

To advocate and promote the well-being and independence of all older adults in Crawford County.

Board Members

Jamie McClain, County Commissioner
Lorelei King, Vice-Chair
Sandy Woods, Secretary
Marc Dedenbach, Member
Susan Hensler, Member
Jessica Hiar, Member
Jason Thompson, Member

Staff

Alice Snyder, Director
Melanie Conway, Assistant Director
Dale Van Vliet, Nutrition Manager
Lynn Cheney, Administrative Asst.
Tammy Findlay, Advocacy/Resource Coord.
Sarah VanDuser, Public Relations Coordinator
Kaitlyn Grieb, Fitness & Wellness Coordinator
Kathy Meisner, Program Assistant
Helen Nolan, Receptionist
Michelle Carolei, Receptionist
Denise Conte, Cook
Megan Hagle, Cook
Hayley Hayes, Kitchen Assistant
Erika Mudry, Homemaker
Kathy Jacobs, Homemaker
Ann Bilyeu, Homemaker
Sarah Pollock, Homemaker
Jessica Thurman, On-Call Homemaker