

April 2026 - Meal Calendar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 8:30a-9:30a Breakfast Bacon & Egg Bake, Hash Browns, Assorted Bagels, Tropical Smoothie, Kiwi 11:30a-12:30p Lunch Chicken Stir Fry, Brown Rice, Vegetable Egg Roll, Mandarin Orange  April 1 st was donated by Rotary District 6290, thank you for all you do for our community.	2 8:30a-9:30a Breakfast Pancakes, Two Sausage Patties, Sunrise Peach Smoothie 11:30a-12:30p Lunch Sweet & Sour Meatballs, Brown Rice, Stir Fry Vegetable, Pineapple Chunks	3 <h2 style="text-align: center;">Closed for Good Friday</h2>
6 8:30a-9:30a Breakfast Biscuits and Gravy, Scrambled Eggs, Four Berries Blend, Strawberry Chia Smoothie 11:30a-12:30p Lunch BBQ Pork Sandwich, Dill and Garlic Potatoes, Carrots, Kiwi	7 8:30a-9:30a Breakfast Fried Egg Sandwich, Oatmeal, Mango Berry Smoothie 11:30a-12:30p Lunch Western Omelet, Redskin Potatoes, Broccoli & Cauliflower, Roll, Banana	8 8:30a-9:30a Breakfast Bacon & Egg Bake, Hash Browns, Assorted Bagels, Tropical Smoothie, Kiwi 11:30a-12:30p Lunch Herb Seasoned Pork Loin, Mashed Sweet Potatoes, Dilled Cauliflower, Roll, Cinnamon Apples	9 8:30a-9:30a Breakfast Pancakes, Two Sausage Patties, Sunrise Peach Smoothie 11:30a-12:30p Lunch Chicken Enchiladas, Corn and Black Bean Fiesta, Applesauce	10 8:30a-9:30a Breakfast Bacon, Fried Egg, Breakfast Potatoes, Wheat Toast, Four Berries Blend, Blueberry Chia Smoothie 11:30a-12:30p Lunch Sloppy Joes, Bun, Green Beans, Carrots, Four Berries Blend April 10 th was donated in memory  of Leon Radwanski & Ann McCullough, donated by Keith Radwanski & Erin Fanning.
13 8:30a-9:30a Breakfast Biscuits and Gravy, Scrambled Eggs, Four Berries Blend, Strawberry Chia Smoothie 11:30a-12:30p Lunch Chicken Alfredo, Sugar Snap Peas, Broccoli, Orange	14 8:30a-9:30a Breakfast Fried Egg Sandwich, Oatmeal, Mango Berry Smoothie 11:30a-12:30p Lunch Parmesan Fish, Brown Rice, Prince Charles Vegetables, Pear	15 8:30a-9:30a Breakfast Bacon & Egg Bake, Hash Browns, Assorted Bagels, Tropical Smoothie, Kiwi 11:30a-12:30p Lunch Pork Chop Supreme, Baked Potato, Brussels Sprouts, Kiwi	16 11:30a-12:30p Lunch BBQ Chicken, Fried Cabbage with Bacon, Baked Beans, Red Grapes 4:00p-6:00p Spring Serenade Special Dinner Dinner will be a cozy Italian themed dinner, the full menu will be posted to our website and in the Senior Center.	17 8:30a-9:30a Breakfast Bacon, Fried Egg, Breakfast Potatoes, Wheat Toast, Four Berries Blend, Blueberry Chia Smoothie 11:30a-12:30p Lunch Cheese Ravioli, Asparagus, Italian Blend Vegetables, Red Grapes
20 8:30a-9:30a Breakfast Biscuits and Gravy, Scrambled Eggs, Four Berries Blend, Strawberry Chia Smoothie 11:30a-12:30p Lunch Lemon Baked Fish, Redskin Potatoes, Green Beans, Pear	21 8:30a-9:30a Breakfast Fried Egg Sandwich, Oatmeal, Mango Berry Smoothie 11:30a-12:30p Lunch Chicken & Pepper Bake, Roll, Apple	22 8:30a-9:30a Breakfast Bacon & Egg Bake, Hash Browns, Assorted Bagels, Tropical Smoothie, Kiwi 11:30a-12:30p Lunch Pork Roast, Baked Potato, Green Beans, Red Grapes	23 8:30a-9:30a Breakfast Pancakes, Two Sausage Patties, Sunrise Peach Smoothie 11:30a-12:30p Meatloaf, Mashed Potatoes & Gravy, Brussels Sprouts, Apple	24 8:30a-9:30a Breakfast Bacon, Fried Egg, Breakfast Potatoes, Wheat Toast, Four Berries Blend, Blueberry Chia Smoothie 11:30a-12:30p Lunch American Goulash, Green Beans, Roll, Kiwi
27 8:30a-9:30a Breakfast Biscuits and Gravy, Scrambled Eggs, Four Berries Blend, Strawberry Chia Smoothie 11:30a-12:30p Lunch Chicken Drum Sticks, Baked Beans, Princes Charles Vegetables, Banana	28 8:30a-9:30a Breakfast Fried Egg Sandwich, Oatmeal, Mango Berry Smoothie 11:30a-12:30p Lunch Spaghetti and Meatballs, Broccoli, Breadsticks, Cantaloupe & Honeydew	29 8:30a-9:30a Breakfast Bacon & Egg Bake, Hash Browns, Assorted Bagels, Tropical Smoothie, Kiwi 11:30a-12:30p Lunch Lemon Pepper Chicken, Baked Potato, Brussels Sprouts, Orange	30 8:30a-9:30a Breakfast Pancakes, Two Sausage Patties, Sunrise Peach Smoothie 11:30a-12:30p Birthday Lunch Honey Mustard Chicken Thighs, Herbes De Provence Potatoes, Peas and Onions, Pear	
Light Bites – Dine in Only Chicken Taco, Cuban Black Bean Soup, Fresh Pear	Light Bites – Dine in Only Turkey Sub, Minestrone Soup, Grapes	Light Bites – Dine in Only Ham & Cheese Sub, Cabbage & White Bean Soup, Fresh Pear	Light Bites – Dine in Only Vegetable Beef Soup, Garden Salad, Roll	Light Bites – Dine in Only Italian Meatball Sub, Tomato Florentine Soup, Mandarin Oranges

April 2026 - Activities Calendar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Please note the following changes, marked in RED: Changes made in red were done following the release of the April 2026 Gazette.		1 8:30a Blood Pressure Checks 8:30a AuSable Quilt Guild 10a Silver Sneakers 12:30p Mahjong 1p Wii Bowling 1p Write Your Own Story – Make Up Date	2 9a Zumba Gold A 10a Zumba Gold B 1p Penny Bingo 2:30p Music For Life 3p Grayling Pharmacy Bingo	3 <h2 style="text-align: center;">Closed for Good Friday</h2>
6 10a Silver Sneakers 1p Chess Club 2p Diamond Art	7 9a Friends of a Feather Quilting Group 9a Zumba Gold 10a Zumba Gold 10a Arthritis Foundation Water Aerobics Class 12:30p Euchre 2:30p Cardio Drumming	8 8:30a Blood Pressure Checks 10a Book Club 10a Silver Sneakers 12:30p Mahjong 1p Wii Bowling 1p Write Your Own Story – Make Up Date	9 9a Zumba Gold 10a Zumba Gold 10a Arthritis Foundation Water Aerobics Class 1p Penny Bingo 5p Comedy for a Cause Fundraiser	10 10:00a Painting Class (\$15.00) 10:30a Bible Study 10:45a Fit for the Aging 1p Pantry Bingo
13 9a Footcare 9:30a Matter of Balance 10a Silver Sneakers 1p Chess Club 2p Diamond Art	14 9a Zumba Gold 10a Zumba Gold 10a Arthritis Foundation Water Aerobics Class 10a Housing Counseling Seminar 10a Grief Support Group 12:30p Euchre 1p Cancer Support Group 2:30p Cardio Drumming	15 – TAX DAY! 8:30a Blood Pressure Checks 10a Silver Sneakers 11a Alzheimer's Support @ the Brook 12:30p Mahjong 1p Wii Bowling 1p Write Your Own Story – Make Up Date 3p Golden Stage Acting Workshop	16 9a Zumba Gold 9:30a Matter of Balance 10a Zumba Gold 10a Arthritis Foundation Water Aerobics Class 1p Penny Bingo 1p Legal Advice 4p Spring Serenade Special Dinner	17 10:30a Bible Study 10:45a Fit for the Aging 1p Pantry Bingo
20 9:30a Matter of Balance 10a Silver Sneakers 10a Career Fair 10:30a Secretary of State Mobile Office 1p Chess Club 2p Diamond Art	21 9a Zumba Gold 10a Zumba Gold 10a Arthritis Foundation Water Aerobics Class 12:30p Euchre 2:30p Cardio Drumming	22 8:30a Blood Pressure Checks 10a Silver Sneakers 10a Book Club 10a New to Medicare 12:30p Mahjong 1p Wii Bowling 1p Commodities 3p Golden Stage Acting Workshop	23 9a Zumba Gold 9:30a Matter of Balance 10a Zumba Gold 10a Arthritis Foundation Water Aerobics Class 1p Penny Bingo 3p Music For Life	24 10:30a Bible Study 10:45a Fit for the Aging 1p Pantry Bingo
27 9a Footcare 9:30a Matter of Balance 10a Silver Sneakers 1p Chess Club 2p Diamond Art	28 9a Zumba Gold 10a Zumba Gold 10a Arthritis Foundation Water Aerobics Class 12:30p Euchre 2:30p Cardio Drumming	29 8:30a Blood Pressure Checks 10a Silver Sneakers 12:30p Mahjong 1p Wii Bowling 3p Golden Stage Acting Workshop	30 9a Zumba Gold 9:30a Matter of Balance 10a Zumba Gold 10a Arthritis Foundation Water Aerobics Class 11:30a Birthday Lunch 1p Penny Bingo	
				<i>Calendar Last Updated 3/24/2026</i>