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| **August 2025 – Meal Calendar** |  | **August 2025 – Activities Calendar** |
| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |  | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| A blue sign with white text  AI-generated content may be incorrect.July 25th was donated last month in memory of Eugene Marcinek’s Birthday (July 26th). |  |  |  | 1**8:30a-9:30a Breakfast**Croissant Breakfast Sandwich, Hash Browns, Blueberry Chia Smoothie**11:30a-12:30p Lunch**Cheese Ravioli, Asparagus Italian Blend, Red Grapes |  |  |  |  |  | **1**10:30a Bible Study10:45a Fit for the Aging1p Pantry Bingo |
| 4**8:30a-9:30a Breakfast**Biscuit and Gravy, Scrambled Eggs, Blueberry Chia Smoothie, Four Berries Blend**11:30a-12:30p Lunch**Lemon Baked Fish, Redskin Potatoes, Green Beans, Pear | 5**8:30a-9:30a Breakfast**English Muffin Breakfast Sandwich, Breakfast Potatoes, Strawberry Banana Smoothie, Four Berries Blend**11:30a-12:30p Lunch**Balsamic Chicken, Tomato Parmesan Pasta, Italian Blend, Fresh Orange | 6**8:30a-9:30a Breakfast**Bacon & Garden Vegetable Frittata Square, Assorted Bagels, Blueberry Chia Smoothie**11:30a-12:30p Lunch**Pork Chop Supreme, Baked Potato, Brussels Sprouts, Kiwi | 7**11:30a-12:30p Lunch**Scrambled Eggs, Turkey Sausage Link, Assorted Cereal, Milk, Strawberry Chia Smoothie**11:30a-12:30p Lunch**Meatloaf, Potatoes with Beef Gravy, Brussels Sprouts, Apple | 8**8:30a-9:30a Breakfast**Croissant Breakfast Sandwich, Hash Browns, Blueberry Chia Smoothie**11:30a-12:30p Lunch**Chicken & Pepper Bake, Sourdough Roll, Apple |  | **4**10a Silver Sneakers1-4p Chess Club2-3p Diamond Art Club | **5**9a Friends of a Feather Quilting Group9a Zumba Gold A10a Zumba Gold B12:30p Euchre | **6****7:30a Detroit Tiger’s Trip**8:30a Blood Pressure Checks10a Silver Sneakers**10:30a Water Aerobics (\*RESCHEDULED)**12:30p Mahjong**1:30-3:30p Wii Bowling** | **7**9a Zumba Gold A10a Zumba Gold B1p Penny Bingo | **8**10:30a Bible Study10:45a Fit for the Aging1p Pantry Bingo |
| 11**8:30a-9:30a Breakfast**Biscuit and Gravy, Scrambled Eggs, Blueberry Chia Smoothie, Four Berries Blend**11:30a-12:30p Lunch**Chicken Drumsticks, Baked Beans, Prince Charles Vegetables, Banana | 12**8:30a-9:30a Breakfast**English Muffin Breakfast Sandwich, Breakfast Potatoes, Strawberry Banana Smoothie, Four Berries Blend**11:30a-12:30p Lunch**Spaghetti and Meatballs, Broccoli, Breadstick, Cantaloupe & Honeydew | 13**8:30a-9:30a Breakfast**Bacon & Garden Vegetable Frittata Square, Assorted Bagels, Blueberry Chia Smoothie**11:30a-12:30p Lunch**Lemon Pepper Chicken, Baked Potato, Brussels Sprouts, Orange | 14**11:30a-12:30p Lunch**Beef and Broccoli, Brown Rice, Stir Fry Vegetable, Four Berries Blend**Hog Roast Special Dinner 4:00p – 6:00 pm**BBQ Pulled Pork Sandwiches with Green Apple Coleslaw, Roasted Maple Seasoned Sweet Potatoes, and Peach Raspberry Pie | 15**8:30a-9:30a Breakfast**Croissant Breakfast Sandwich, Hash Browns, Blueberry Chia Smoothie**11:30a-12:30p Lunch**Pepper Steak, Brown Rice, Stir Fry Vegetable, Sugar Snap Peas |  | **11**10a Silver Sneakers**11a-3:30p Versiti Blood Drive**1-4p Chess Club2-3p Diamond Art Club | **12****9a-12p Housing Counseling**9a Zumba Gold A10a Zumba Gold B12:30p Euchre | **13**8:30a Blood Pressure Checks10a Silver Sneakers**10:30a Water Aerobics @ The Super 8 CANCELLED**12:30p Mahjong**1:30-3:30p Wii Bowling** | **14**9a Zumba Gold A10a Zumba Gold B1p Penny Bingo**4p-6p Hog Roast Special Dinner** | **15**10:30a Bible Study10:45a Fit for the Aging1p Pantry Bingo |
| 18**8:30a-9:30a Breakfast**Biscuit and Gravy, Scrambled Eggs, Blueberry Chia Smoothie, Four Berries Blend**11:30a-12:30p Lunch**Chicken Stew with Biscuit, Brussels Sprouts, Fresh Pear  | 19**8:30a-9:30a Breakfast**English Muffin Breakfast Sandwich, Breakfast Potatoes, Strawberry Banana Smoothie, Four Berries Blend**11:30a-12:30p Lunch**Sweet & Sour Meatballs, Brown Rice, Stir Fry Vegetable, Pineapple Chunks | 20 **8:30a-9:30a Breakfast**Bacon & Garden Vegetable Frittata Square, Assorted Bagels, Blueberry Chia Smoothie**11:30a-12:30p Lunch**Chicken Stir Fry, Brown Rice, Sugar Snap Peas, ApricotsA blue sign with white text  AI-generated content may be incorrect.Donated by Randy Blaszczuk | 21**8:30a-9:30a Breakfast**Scrambled Eggs, Turkey Sausage Link, Assorted Cereal, Milk, Strawberry Chia Smoothie**11:30a-12:30p Lunch**Lasagna, Mixed Vegetables, Red Grapes | 22**8:30a-9:30a Breakfast**Croissant Breakfast Sandwich, Hash Browns, Blueberry Chia Smoothie**11:30a-12:30p Lunch**Roast Turkey, Mashed Potatoes, Peas and Onions, Fresh Orange |  | **18****9:30a Matter of Balance**10a Silver Sneakers1-4p Chess Club**1p Penny Bingo**2-3p Diamond Art Club | **19**9a Zumba Gold A10a Zumba Gold B12:30p Euchre**4:30p COA Board Meeting** | **20**8:30a Blood Pressure Checks10a Silver Sneakers**10:30a Water Aerobics @ The Super 8****10a New to Medicare****11a Alzheimer’s Support @ the Brook**12:30p Mahjong**1:30-3:30p Wii Bowling** | **21****9:30a Matter of Balance**9a Zumba Gold A10a Zumba Gold B**11a-3p Health Carnival****1p Penny Bingo MOVED to 8/18****1p Legal Assistance** | **22**10:30a Bible Study10:45a Fit for the Aging1p Pantry Bingo |
| 25**8:30a-9:30a Breakfast**Biscuit and Gravy, Scrambled Eggs, Blueberry Chia Smoothie, Four Berries Blend**11:30a-12:30p Lunch**BBQ Pork Sandwich, Dill and Garlic Potatoes, Carrots, Kiwi  | 26**8:30a-9:30a Breakfast**English Muffin Breakfast Sandwich, Breakfast Potatoes, Strawberry Banana Smoothie, Four Berries Blend**11:30a-12:30p Lunch**Western Omelet, Redskin Potatoes, Broccoli and Cauliflower, Banana | 27 **8:30a-9:30a Breakfast**Bacon & Garden Vegetable Frittata Square, Assorted Bagels, Blueberry Chia Smoothie**11:30a-12:30p Lunch**Hamburger Stroganoff, Green Beans, Fresh Orange  | 28**8:30a-9:30a Breakfast**Scrambled Eggs, Turkey Sausage Link, Assorted Cereal, Milk, Strawberry Chia Smoothie**11:30a-12:30p Lunch**Chicken Enchiladas, Corn and Black Bean Fiesta, ApplesauceMEAL DAY | 29**8:30a-9:30a Breakfast**Croissant Breakfast Sandwich, Hash Browns, Blueberry Chia Smoothie**11:30a-12:30p Lunch**Sloppy Joe on a Bun, Green Beans, Carrots, Four Berries Blend |  | **25****9a-4:30p Footcare** **10a-3p Secretary of State Mobile Office****9:30a Matter of Balance**10a Silver Sneakers1-4p Chess Club2-3p Diamond Art Club | **26**9a Zumba Gold A10a Zumba Gold B12:30p Euchre | **27**8:30a Blood Pressure Checks10a Silver Sneakers**10:30a Water Aerobics @ The Super 8**12:30p Mahjong**1:30-3:30p Wii Bowling****2p-4p Commodities** | **28**9a Zumba Gold A**9:30a Matter of Balance**10a Zumba Gold B**11:30a Birthday Lunch**1p Penny Bingo | **29**10:30a Bible Study10:45a Fit for the Aging1p Pantry Bingo |
| **Light Bites – Dine in Only**Bourbon Chicken, Sugar Snap Peas, Vegetable Egg Roll, Kiwi | **Light Bites – Dine in Only**Crab Cakes, Lemony Broccolini, Sourdough Roll, Tangerine Clementine | **Light Bites – Dine in Only**Italian Meatball Sub, Garden Salad, Apple Sauce | **Light Bites – Dine in Only**Mojo Chicken, Red Grapes | **Light Bites – Dine in Only**BBQ Chicken Flatbread, Garden Salad, Banana |  |  |  |  |  |  |