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| **August 2025 – Meal Calendar** | | | | |  | | **August 2025 – Activities Calendar** | | | | |
| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |  | **MONDAY** | | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| A blue sign with white text  AI-generated content may be incorrect.July 25th was donated last month in memory of Eugene Marcinek’s Birthday (July 26th). |  |  |  | 1  **8:30a-9:30a Breakfast**  Croissant Breakfast Sandwich, Hash Browns, Blueberry Chia Smoothie  **11:30a-12:30p Lunch**  Cheese Ravioli, Asparagus Italian Blend, Red Grapes |  |  | |  |  |  | **1**  10:30a Bible Study  10:45a Fit for the Aging  1p Pantry Bingo |
| 4  **8:30a-9:30a Breakfast**  Biscuit and Gravy, Scrambled Eggs, Blueberry Chia Smoothie, Four Berries Blend  **11:30a-12:30p Lunch**  Lemon Baked Fish, Redskin Potatoes, Green Beans, Pear | 5  **8:30a-9:30a Breakfast**  English Muffin Breakfast Sandwich, Breakfast Potatoes, Strawberry Banana Smoothie, Four Berries Blend  **11:30a-12:30p Lunch**  Balsamic Chicken, Tomato Parmesan Pasta, Italian Blend, Fresh Orange | 6  **8:30a-9:30a Breakfast**  Bacon & Garden Vegetable Frittata Square, Assorted Bagels, Blueberry Chia Smoothie  **11:30a-12:30p Lunch**  Pork Chop Supreme, Baked Potato, Brussels Sprouts, Kiwi | 7  **11:30a-12:30p Lunch**  Scrambled Eggs, Turkey Sausage Link, Assorted Cereal, Milk, Strawberry Chia Smoothie  **11:30a-12:30p Lunch**  Meatloaf, Potatoes with Beef Gravy, Brussels Sprouts, Apple | 8  **8:30a-9:30a Breakfast**  Croissant Breakfast Sandwich, Hash Browns, Blueberry Chia Smoothie  **11:30a-12:30p Lunch**  Chicken & Pepper Bake, Sourdough Roll, Apple |  | **4**  10a Silver Sneakers  1-4p Chess Club  2-3p Diamond Art Club | | **5**  9a Friends of a Feather Quilting Group  9a Zumba Gold A  10a Zumba Gold B  12:30p Euchre | **6**  **7:30a Detroit Tiger’s Trip**  8:30a Blood Pressure Checks  10a Silver Sneakers  **10:30a Water Aerobics (\*RESCHEDULED)**  12:30p Mahjong  **1:30-3:30p Wii Bowling** | **7**  9a Zumba Gold A  10a Zumba Gold B  1p Penny Bingo | **8**  10:30a Bible Study  10:45a Fit for the Aging  1p Pantry Bingo |
| 11  **8:30a-9:30a Breakfast**  Biscuit and Gravy, Scrambled Eggs, Blueberry Chia Smoothie, Four Berries Blend  **11:30a-12:30p Lunch**  Chicken Drumsticks, Baked Beans, Prince Charles Vegetables, Banana | 12  **8:30a-9:30a Breakfast**  English Muffin Breakfast Sandwich, Breakfast Potatoes, Strawberry Banana Smoothie, Four Berries Blend  **11:30a-12:30p Lunch**  Spaghetti and Meatballs, Broccoli, Breadstick, Cantaloupe & Honeydew | 13  **8:30a-9:30a Breakfast**  Bacon & Garden Vegetable Frittata Square, Assorted Bagels, Blueberry Chia Smoothie  **11:30a-12:30p Lunch**  Lemon Pepper Chicken, Baked Potato, Brussels Sprouts, Orange | 14  **11:30a-12:30p Lunch**  Beef and Broccoli, Brown Rice, Stir Fry Vegetable, Four Berries Blend  **Hog Roast Special Dinner 4:00p – 6:00 pm**  BBQ Pulled Pork Sandwiches with Green Apple Coleslaw, Roasted Maple Seasoned Sweet Potatoes, and Peach Raspberry Pie | 15  **8:30a-9:30a Breakfast**  Croissant Breakfast Sandwich, Hash Browns, Blueberry Chia Smoothie  **11:30a-12:30p Lunch**  Pepper Steak, Brown Rice, Stir Fry Vegetable, Sugar Snap Peas |  | **11**  10a Silver Sneakers  **11a-3:30p Versiti Blood Drive**  1-4p Chess Club  2-3p Diamond Art Club | | **12**  **9a-12p Housing Counseling**  9a Zumba Gold A  10a Zumba Gold B  12:30p Euchre | **13**  8:30a Blood Pressure Checks  10a Silver Sneakers  **10:30a Water Aerobics @ The Super 8 CANCELLED**  12:30p Mahjong  **1:30-3:30p Wii Bowling** | **14**  9a Zumba Gold A  10a Zumba Gold B  1p Penny Bingo  **4p-6p Hog Roast Special Dinner** | **15**  10:30a Bible Study  10:45a Fit for the Aging  1p Pantry Bingo |
| 18  **8:30a-9:30a Breakfast**  Biscuit and Gravy, Scrambled Eggs, Blueberry Chia Smoothie, Four Berries Blend  **11:30a-12:30p Lunch**  Chicken Stew with Biscuit, Brussels Sprouts, Fresh Pear | 19  **8:30a-9:30a Breakfast**  English Muffin Breakfast Sandwich, Breakfast Potatoes, Strawberry Banana Smoothie, Four Berries Blend  **11:30a-12:30p Lunch**  Sweet & Sour Meatballs, Brown Rice, Stir Fry Vegetable, Pineapple Chunks | 20  **8:30a-9:30a Breakfast**  Bacon & Garden Vegetable Frittata Square, Assorted Bagels, Blueberry Chia Smoothie  **11:30a-12:30p Lunch**  Chicken Stir Fry, Brown Rice, Sugar Snap Peas, Apricots  A blue sign with white text  AI-generated content may be incorrect.Donated by Randy Blaszczuk | 21  **8:30a-9:30a Breakfast**  Scrambled Eggs, Turkey Sausage Link, Assorted Cereal, Milk, Strawberry Chia Smoothie  **11:30a-12:30p Lunch**  Lasagna, Mixed Vegetables, Red Grapes | 22  **8:30a-9:30a Breakfast**  Croissant Breakfast Sandwich, Hash Browns, Blueberry Chia Smoothie  **11:30a-12:30p Lunch**  Roast Turkey, Mashed Potatoes, Peas and Onions, Fresh Orange |  | **18**  **9:30a Matter of Balance**  10a Silver Sneakers  1-4p Chess Club  **1p Penny Bingo**  2-3p Diamond Art Club | | **19**  9a Zumba Gold A  10a Zumba Gold B  12:30p Euchre  **4:30p COA Board Meeting** | **20**  8:30a Blood Pressure Checks  10a Silver Sneakers  **10:30a Water Aerobics @ The Super 8**  **10a New to Medicare**  **11a Alzheimer’s Support @ the Brook**  12:30p Mahjong  **1:30-3:30p Wii Bowling** | **21**  **9:30a Matter of Balance**  9a Zumba Gold A  10a Zumba Gold B  **11a-3p Health Carnival**  **1p Penny Bingo MOVED to 8/18**  **1p Legal Assistance** | **22**  10:30a Bible Study  10:45a Fit for the Aging  1p Pantry Bingo |
| 25  **8:30a-9:30a Breakfast**  Biscuit and Gravy, Scrambled Eggs, Blueberry Chia Smoothie, Four Berries Blend  **11:30a-12:30p Lunch**  BBQ Pork Sandwich, Dill and Garlic Potatoes, Carrots, Kiwi | 26  **8:30a-9:30a Breakfast**  English Muffin Breakfast Sandwich, Breakfast Potatoes, Strawberry Banana Smoothie, Four Berries Blend  **11:30a-12:30p Lunch**  Western Omelet, Redskin Potatoes, Broccoli and Cauliflower, Banana | 27  **8:30a-9:30a Breakfast**  Bacon & Garden Vegetable Frittata Square, Assorted Bagels, Blueberry Chia Smoothie  **11:30a-12:30p Lunch**  Hamburger Stroganoff, Green Beans, Fresh Orange | 28  **8:30a-9:30a Breakfast**  Scrambled Eggs, Turkey Sausage Link, Assorted Cereal, Milk, Strawberry Chia Smoothie  **11:30a-12:30p Lunch**  Chicken Enchiladas, Corn and Black Bean Fiesta, Applesauce  MEAL DAY | 29  **8:30a-9:30a Breakfast**  Croissant Breakfast Sandwich, Hash Browns, Blueberry Chia Smoothie  **11:30a-12:30p Lunch**  Sloppy Joe on a Bun, Green Beans, Carrots, Four Berries Blend |  | **25**  **9a-4:30p Footcare**  **10a-3p Secretary of State Mobile Office**  **9:30a Matter of Balance**  10a Silver Sneakers  1-4p Chess Club  2-3p Diamond Art Club | | **26** 9a Zumba Gold A  10a Zumba Gold B  12:30p Euchre | **27**  8:30a Blood Pressure Checks  10a Silver Sneakers  **10:30a Water Aerobics @ The Super 8**  12:30p Mahjong  **1:30-3:30p Wii Bowling**  **2p-4p Commodities** | **28**  9a Zumba Gold A  **9:30a Matter of Balance**  10a Zumba Gold B  **11:30a Birthday Lunch**  1p Penny Bingo | **29**  10:30a Bible Study  10:45a Fit for the Aging  1p Pantry Bingo |
| **Light Bites – Dine in Only**  Bourbon Chicken, Sugar Snap Peas, Vegetable Egg Roll, Kiwi | **Light Bites – Dine in Only**  Crab Cakes, Lemony Broccolini, Sourdough Roll, Tangerine Clementine | **Light Bites – Dine in Only**  Italian Meatball Sub, Garden Salad, Apple Sauce | **Light Bites – Dine in Only**  Mojo Chicken, Red Grapes | **Light Bites – Dine in Only**  BBQ Chicken Flatbread, Garden Salad, Banana |  |  | |  |  |  |  |