

March 2024 - Meal Calendar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>Running Talley of Support: 31 days, \$9,350 Thank you!</p>			 <p>Dinner 4:30pm to 5:30pm</p>	<p>1 11:30a-12:30p Lunch Roast Turkey, Mashed Potatoes & Gravy, Peas and Onions, Orange</p>
<p>4 11:30a-12:30p Lunch BBQ Pork Sandwich, Dill and Garlic Potatoes, Crinkle Cut Carrots, Kiwi</p> <p>No Dinner</p>	<p>5 11:30a-12:30p Lunch Breaded Fish Fillet, Cheesy Mashed Potatoes, Crinkle Cut Carrots, Pineapple</p> <p>No Dinner</p> <p>Special Meals on Wheels Delivery</p>	<p>6 11:30a-12:30p Lunch Chicken Stir Fry, Brown Rice, Sugar Snap Peas, Apricots</p> <p>No Dinner</p>	<p>7 11:30a-12:30p Lunch Pork Chop Supreme, Baked Potato, Brussels Sprouts, Kiwi</p> <p>No Dinner</p> <p>Special Meals on Wheels Delivery</p>	<p>8 11:30a-12:30p Lunch Sloppy Joe on Bun, Green Beans, Carrots, Burst O' Berries</p>
<p>11 11:30a-12:30p Lunch Chicken Cordon Bleu, Mashed Potatoes & Gravy, Green Beans, Pineapple</p> <p>No Dinner</p>	<p>12 11:30a-12:30p Lunch Western Omelet, Redskin Potatoes, Broccoli and Cauliflower, Grapes</p> <p>No Dinner</p> <p>Dan Jerome </p>	<p>13 11:30a-12:30p Lunch Hamburger Stroganoff, Green Beans, Apricots</p> <p>No Dinner</p>	<p>14 11:30a-12:30p Lunch Macaroni & Cheese with Ham, Harvest Blend Vegetables, Grapes</p> <p>4:00-6p St. Patrick's Dinner Corned Beef, Cabbage, Red Potatoes, Carrots, Diced Pears, Granny Smith Apple Bars</p>	<p>15 11:30a-12:30p Lunch Pork Roast, Baked Potato, Green Beans, Pear</p>
<p>18 Closed Moving Week</p> <p>No Meals on Wheels Delivery</p>	<p>19 Closed Moving Week</p>	<p>20 Closed Moving Week</p> <p>No Meals on Wheels Delivery</p>	<p>21 Closed Moving Week</p> <p>No Meals on Wheels Delivery</p>	<p>22 Closed Moving Week</p> <p>No Meals on Wheels Delivery</p>
<p>25 Grand Opening</p> <p>12:30p Special Luncheon</p> <p>No Meals on Wheels Delivery</p>	<p>26 Cookies & Ice Cream 11:30a-12:30p Birthday Lunch </p> <p>Baked Penne with Sausage, Vegetable Blend Prince Charles, Breadstick, Kiwi</p> <p>4:30-5:30p Dinner Beef and Broccoli, Brown Rice, Stir Fry Vegetables, Berry Blend</p>	<p>27 11:30a-12:30p Lunch Cheese Ravioli w/Sauce, Asparagus, Italian Blend, Grapes</p> <p>Pear 4:30-5:30p Dinner Chicken Tenders, Cheesy Mashed Potatoes, Broccoli and Cauliflower, Orange</p>	<p>28 11:30a-12:30p Lunch Pot Roast, Mashed Potato w/ Gravy, Corn, Kiwi</p> <p>4:30-5:30pm Dinner Chicken Fettuccine, Sugar Snap Peas, Broccoli, Orange</p> <p>Special Meals on Wheels Delivery</p>	<p>29 Closed</p> <p>Good Friday</p>

March 2024 - Activity Calendar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Zumba Gold, Silver Sneakers and Fit for the Aging at the Crawford County Grayling Library.</p>				<p>1 10:45a Fit for the Aging @ Library 1p Pantry Bingo</p>
<p>4 No Silver Sneakers 1-4p Chess Club</p>	<p>5 9am Friends of a Feather Quilting 10a Zumba Gold 10a Bible Study 5:30p Diamond Dancers - Tinkers</p>	<p>6 9:30-10:30a - Food Commodities at St. Mary's Church No Silver Sneakers 1p Mahjong</p>	<p>7 9:30a Pokeno 10a Zumba Gold 1p Penny Bingo 3p Medicine Shoppe Bingo</p>	<p>8 10:45a Fit for the Aging @ Library 1p Pantry Bingo</p> <p>Don't forget to have your clock's "spring forward" on Sunday the 10th</p>
<p>11 9:30a Pokeno 10a Silver Sneakers 9:30a St. Patrick's Decorating 12-3p Foot Clinic - Appt. Required 1p Penny Bingo 1-4p Chess Club</p>	<p>12 10a Zumba Gold 10a Bible Study 5:30p Diamond Dancers - Tinkers</p>	<p>13 10a Silver Sneakers 1p Mahjong</p>	<p>14 10a Zumba Gold 4p - 6p St. Patrick's Dinner</p>	<p>15 10:45a Fit for the Aging @ Library 1p Pantry Bingo</p>
<p>18 10a Silver Sneakers</p> <p>Closed for Moving</p>	<p>19 10a Zumba Gold 5:30p Diamond Dancers - Tinkers</p> <p>Closed for Moving</p>	<p>20 10a Silver Sneakers 11a Alzheimer's Support Grp. at The Brook in Grayling</p> <p>Closed for Moving</p>	<p>21 10a Zumba Gold</p> <p>Closed for Moving</p>	<p>22 10:45a Fit for the Aging @ Library</p> <p>Closed for Moving</p>
<p>25 10a Silver Sneakers @ Library</p> <p>Grand Opening</p> <p>11:30a Ribbon Cutting 12:30p Luncheon 1:30-3p Open House</p>	<p>26 10a Zumba Gold @ New Building 10a Bible Study 11:30 - 12:30p Birthday Lunch Party 5:30p Diamond Dancers - Tinkers</p>	<p>27 10a Silver Sneakers @ New Building 1p Mahjong</p>	<p>28 9:30a Pokeno 10a Zumba Gold @ New Building 1p Penny Bingo</p> <p>Daylight Diamonds led by Maze Stephan Thursdays at COA 1:00 to 2:00pm Starting in April 2024</p>	<p>29 Closed</p> <p>Good Friday</p>