

December 2025 - Meal Calendar				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 8:30a-9:30a Breakfast Biscuits and Gravy, Scrambled Eggs, Four Berries Blend, Strawberry Chia Smoothie 11:30a-12:30p Lunch Lemon Baked Fish, Redskin Potatoes, Green Beans, Fresh Pear	2 8:30a-9:30a Breakfast Fried Egg Sandwich, Oatmeal, Mango Berry Smoothie 11:30a-12:30p Lunch Chicken & Pepper Bake, Dinner Roll, Apple	3 8:30a-9:30a Breakfast Bacon & Egg Bake, Hash Browns, Assorted Bagels, Tropical Smoothie, Kiwi 11:30a-12:30p Lunch Pork Roast, Baked Potato, Green Beans, Red Grapes	4 8:30a-9:30a Breakfast Pancakes, Two Sausage Patties, Sunrise Peach Smoothie 11:30a-12:30p Lunch Meatloaf, Mashed Potatoes with Beef Gravy, Brussels Sprouts, Apple	5 8:30a-9:30a Breakfast Bacon, Fried Egg, Breakfast Potatoes, Wheat Toast, Four Berries Blend, Blueberry Chia Smoothie 11:30a-12:30p Lunch American Goulash, Green Beans, Dinner Roll, Kiwi
8 8:30a-9:30a Breakfast Biscuits and Gravy, Scrambled Eggs, Four Berries Blend, Strawberry Chia Smoothie 11:30a-12:30p Lunch Chicken Drumsticks, Baked Beans, Prince Charles Vegetables, Banana	9 8:30a-9:30a Breakfast Fried Egg Sandwich, Oatmeal, Mango, Berry Smoothie 11:30a-12:30p Lunch Spaghetti and Meatballs, Broccoli, Breadstick, Cantaloupe & Honey Dew	10 8:30a-9:30a Breakfast Bacon & Egg Bake, Hash Browns, Assorted Bagels, Tropical Smoothie, Kiwi 11:30a-12:30p Lunch Lemon Pepper Chicken, Baked Potato, Brussels Sprouts, Orange	11 11:30a-12:30p Lunch Honey Mustard Chicken Thighs, Herbes De Provence Potatoes, Peas & Onions, Pear 4:00p-6:00p Christmas Special Dinner Glazed Spiral Ham, Mashed Potatoes & Gravy, Honey Garlic Carrots, a Dinner Roll, and Red Velvet Cake	12 8:30a-9:30a Breakfast Bacon, Fried Egg, Breakfast Potatoes, Wheat Toast, Four Berries Blend, Blueberry Chia Smoothie 11:30a-12:30p Lunch Pepper Steak, Brown Rice, Stir Fry Vegetable, Vegetable Egg Roll, Kiwi
15 8:30a-9:30a Breakfast Biscuits and Gravy, Scrambled Eggs, Four Berries Blend, Strawberry Chia Smoothie 11:30a-12:30p Lunch Chili with Beans, Broccoli & Cauliflower, Dinner Roll, Pear	16 8:30a-9:30a Breakfast Fried Egg Sandwich, Oatmeal, Mango, Berry Smoothie 11:30a-12:30p Lunch Lasagna, Mixed Vegetables, Orange	17 8:30a-9:30a Breakfast Bacon & Egg Bake, Hash Browns, Assorted Bagels, Tropical Smoothie, Kiwi 11:30a-12:30p Lunch Chicken Stir Fry, Brown Rice, Vegetable Egg Roll, Mandarin Orange	18 8:30a-9:30a Breakfast Pancakes, Two Sausage Patties, Sunrise Peach Smoothie 11:30a-12:30p Birthday Lunch Sweet & Sour Meatballs, Brown Rice, Stir Fry Vegetables, Pineapple Chunks	19 8:30a-9:30a Breakfast Bacon, Fried Egg, Breakfast Potatoes, Wheat Toast, Four Berries Blend, Blueberry Chia Smoothie 11:30a-12:30p Lunch Roast Turkey, Mashed Potatoes, Peas & Onions, Orange
22 – Meal Day 8:30a-9:30a Breakfast Biscuits and Gravy, Scrambled Eggs, Four Berries Blend, Strawberry Chia Smoothie 11:30a-12:30p Lunch BBQ Pork Sandwich, Dill & Garlic Potatoes, Carrots, Kiwi	23 – Meal Day 8:30a-9:30a Breakfast Fried Egg Sandwich, Oatmeal, Mango, Berry Smoothie 11:30a-12:30p Western Omelet, Redskin Potatoes, Broccoli & Cauliflower, Dinner Roll, Banana	24 CLOSED FOR CHRISTMAS EVE 	25 CLOSED FOR CHRISTMAS DAY 	26 8:30a-9:30a Breakfast Bacon, Fried Egg, Breakfast Potatoes, Wheat Toast, Four Berries Blend, Blueberry Chia Smoothie 11:30a-12:30p Lunch Sloppy Joe, Green Beans, Carrots, Four Berries Blend
29 8:30a-9:30a Breakfast Biscuits and Gravy, Scrambled Eggs, Four Berries Blend, Strawberry Chia Smoothie 11:30a-12:30p Lunch Chicken Alfredo, Sugar Snap Peas, Broccoli, Fresh Orange	30 – Meal Day 8:30a-9:30a Breakfast Fried Egg Sandwich, Oatmeal, Mango, Berry Smoothie 11:30a-12:30p Parmesan Fish, Brown Rice, Prince Charles Vegetables, Fresh Pear	31 CLOSED FOR NEW YEAR'S EVE 		
Light Bites – Dine in Only Bourbon Chicken, Sugar Snap Peas, Vegetable Egg Roll, Kiwi	Light Bites – Dine in Only Crab Cakes, Lemony Broccolini, Sourdough Roll, Tangerine Clementine	Light Bites – Dine in Only Italian Meatball Sub, Garden Salad, Apple Sauce	Light Bites – Dine in Only Mojo Chicken, Red Grapes	Light Bites – Dine in Only BBQ Chicken Flatbread, Garden Salad, Banana

December 2025 - Activities Calendar				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 10a Silver Sneakers 1-4p Chess Club 2-3p Diamond Art Club	2 (Giving Tuesday) 9a Zumba Gold A 9a Friends of a Feather Quilting Group 10a Zumba Gold B 12:30p Euchre 2:30p Cardio Drumming	3 Paws for a Cause Campaign Starts 8:30a Blood Pressure Checks 10a Silver Sneakers 12:30p Mahjong 1:00-3:00p Wii Bowling 5:30p Gaylord Community Orchestra Christmas Concert (By Donation Only)	4 9a Zumba Gold A 10a Zumba Gold B 1p Penny Bingo 3:30p Grayling Pharmacy Bingo	5 10:30a Bible Study 10:45a Fit for the Aging 1p Pantry Bingo
8 9a-4:30p Footcare 10a Silver Sneakers 10a-11:30a Free Christmas Origami Class 11a-3:30p Versiti Blood Drive 1-4p Chess Club 2-3p Diamond Art Club	9 9a Zumba Gold A 10a Zumba Gold B 10a Grief Support Group 12:30p Euchre 2:30p Cardio Drumming	10 8:30a Blood Pressure Checks 9a New to Medicare 10a Silver Sneakers 12:30p Mahjong 12:45p Christmas Karaoke 1:00-3:00p Wii Bowling	11 9a Zumba Gold A 10a Zumba Gold B 1p Penny Bingo 4-6p Christmas Special Dinner	12 10:30a Bible Study 10:45a Fit for the Aging 1p Pantry Bingo
15 10a Silver Sneakers 12:30 Free Christmas Ornament Making Class 1-4p Chess Club 2-3p Diamond Art Club	16 9a Zumba Gold A 10a Zumba Gold B 12:30p Euchre 2:30p Cardio Drumming 5:00p Dial-A-Ride Christmas Lights Tour	17 8:30a Blood Pressure Checks 10a Silver Sneakers 11a Alzheimer's Support @ the Brook 12:30p Mahjong 1:00-3:00p Wii Bowling 1-3p Commodities	18 9a Zumba Gold A 10a Zumba Gold B 11:30a Birthday Lunch 12:30 Free Christmas Ornament Making Class 1p Penny Bingo 1p Legal Advice	19 10:30a Bible Study 1p Pantry Bingo
22 9a-4:30p Footcare 10:30a-3:00p Secretary of State Mobile Office 1-4p Chess Club 2-3p Diamond Art Club	23 12:30p Euchre	24 CLOSED FOR CHRISTMAS EVE 	25 CLOSED FOR CHRISTMAS DAY 	26 10:30a Bible Study 1p Pantry Bingo
29 1-4p Chess Club 2-3p Diamond Art Club	30 12:30p Euchre 12:00 Noon Year's Eve	31 CLOSED FOR NEW YEAR'S EVE 		