



February 2025 - Meal Calendar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 11:30a-12:30p Lunch Chicken Tenders, Cheesy Mashed Potatoes, Broccoli and Cauliflower, Orange	4 11:30a-12:30p Lunch Sweet and Sour Meatballs, Brown Rice, Stir Fry Vegetables, Pineapple	5 11:30a-12:30p Lunch Chicken Stir Fry, Brown Rice, Sugar Snap Peas, Apricots	6 11:30a-12:30p Lunch Lasagna, Mixed Vegetables, Grapes	7 11:30a-12:30p Lunch Roast Turkey, Mashed Potatoes & Gravy, Peas & Onions, Orange
10 11:30a-12:30p Lunch BBQ Pork Sandwich, Dill and Garlic Potatoes, Crinkle Cut Carrots, Kiwi	11 11:30a-12:30p Lunch Chicken Cordon Bleu, Mashed Potatoes & Gravy, Green Beans, Pineapple <div style="border: 1px solid black; padding: 2px; width: fit-content;"> Due to the closure on 2/17, meals on wheels will be delivered today. </div>	12 11:30a-12:30p Lunch Lemon Pepper Chicken, Baked Potato, Brussels Sprouts, Orange	13 11:30a-12:30p Lunch BBQ Chicken, Fried Cabbage with Bacon, Beans Baked, Grapes 4-6p Mardi Gras Special Dinner Crab Cakes w/ Remoulade Sauce, Maque Choux, Cajun Rice, Bananas Foster and Vanilla Ice Cream	14 11:30a-12:30p Lunch Sloppy Joe on Bun, Green Beans, Carrots, Burst O' Berries
17 Center Closed: President's Day 	18 11:30a-12:30p Lunch Chicken and Dumplings, Harvest Blend Vegetables, Orange	19 11:30a-12:30p Lunch Hamburger Stroganoff, Green Beans, Apricots	20 11:30a-12:30p Lunch Macaroni & Cheese with Ham, Harvest Blend Vegetables, Grapes	21 11:30a-12:30p Lunch Pot Roast, Mashed Potato w/ Gravy, Corn, Kiwi
24 11:30a-12:30p Lunch Breaded Fish Fillet, Cheesy Mashed Potatoes, Crinkle Cut Carrots, Pineapple	25 11:30a-12:30p Birthday Lunch Balsamic Chicken, Tomato Parmesan Pasta, Italian Blend Vegetable, Orange	26 11:30a-12:30p Lunch Pork Chop Supreme, Baked Potato, Brussels Sprouts, Kiwi	27 11:30a-12:30p Lunch Meatloaf, Mashed Potatoes w/ Gravy, Brussels Sprouts, Strawberries	28 11:30a-12:30p Lunch Cheese Ravioli w/Sauce, Asparagus, Italian Blend, Grapes
Light Bites Southwest Side Salad, Chicken Tortilla Soup, Kiwi	Light Bites Turkey Sub, Minestrone Soup, Grapes	Light Bites Side Chef Salad, Cheesy Potato Soup, Pear	Light Bites Won Ton Soup, Mandarin Salad, Kiwi	Light Bites Ham & Cheese Sub, Cabbage and White Bean Soup, Pineapple

February 2025 - Activity Calendar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 10a Silver Sneakers 10:30a-3:30p Blood Drive 1-4p Chess Club 2-3p Diamond Art Club	4 9a Friends of a Feather Quilting Group 9a Zumba Gold A 10a Zumba Gold B 12:30p Euchre 2:30p-3:30p Bingocize	5 10a Silver Sneakers 11a Blood Pressure Checks 12:30p Mahjong	6 9a Zumba Gold A 10a Zumba Gold B 10a Substance Abuse Prevention 10:30a-12:00p Bingocize 12:30p Palentines Party 1p Penny Bingo 3p Medicine Shoppe Bingo	7 10a Walking Group at Kirtland CANCELLED 10:30a Bible Study 10:45a Fit for the Aging 1p Pantry Bingo
10 10 a Silver Sneakers 10a-3:00p Secretary of State Mobile Office 1-4p Chess Club 2-3p Diamond Art Club	11 9a Housing Counseling 9a Zumba Gold A 10a Zumba Gold B 12:30p Euchre 1p Heart Healthy Class with DHD #10 2:30p-3:30p Bingocize	12 10a Silver Sneakers 11a Blood Pressure Checks 12:30p Mahjong	13 9a Zumba Gold A 10a Zumba Gold B 10:30a-12:00p Bingocize 1p Penny Bingo 4p-6p Mardi Gras Special Dinner	14 10a Walking Group at Kirtland CANCELLED 10:30a Bible Study 10:45a Fit for the Aging 1p Pantry Bingo 1p Trivia with Clay Horton
17 Center Closed: President's Day 	18 9a Zumba Gold A 10a Zumba Gold B 12:30p Euchre 2:30p-3:30p Bingocize 4:30p COA Board Meeting	19 10a Silver Sneakers 11a Blood Pressure Checks 11a New to Medicare @ the Brook 11a Alzheimer's Support @ the Brook 12:30p Mahjong	20 9a Zumba Gold A 10a Zumba Gold B 10:30a-12:00p Bingocize 12:30p State of the Senior Center/Meet and Greet New Director 1p Penny Bingo 1p Legal Assistance	21 10a Walking Group at Kirtland CANCELLED 10:30a Bible Study 10:45a Fit for the Aging 1p Pantry Bingo
24 10 a Silver Sneakers 1-4p Chess Club 2-3p Diamond Art Club	25 9a Zumba Gold A 10a Zumba Gold B 11a Birthday Lunch 12:30p Euchre 2:30p-3:30p Bingocize	26 10a Silver Sneakers 11a Blood Pressure Checks 12:30p Mahjong 2p-4p Commodities	27 9a Zumba Gold A 10a Zumba Gold B 10:30a-12:00p Bingocize 10:30a Skins Painting Class with Clare Spaulding (\$5.00) 1p Penny Bingo	28 10a Walking Group at Kirtland 10:30a Bible Study 10:45a Fit for the Aging 1p Pantry Bingo