

Crawford County Commission on Aging & Senior Center Activities & Programs August 2019




Hog Roast Dinner
Thursday, August 8th
Serving 4-6pm
BBQ Pork, Oven
Roasted Green Beans,
Redskin Potato Salad, Fruit
Ambrosia, Peach Cobbler
No Reservations Required!




BRIAN ASHTON
IN CONCERT
Thursday, August 15th
at 5:45pm
Brian is a Grayling Native who has played with artists like Jerry Lee Lewis, Faron Young, and Bob Seger. Join us for his free concert. Donations are greatly appreciated. Everyone is welcome!

KAYAK TRIP
Friday, August 16th, 12pm
At Higgins Lake
Kayaks and gear provided.
Event is free. Expected to be 2 hr outing. No experience necessary.
Registration Required.

Out-to-LUNCH BUNCH
2nd Friday of each month
August 9th at 10:30am
Dial-a-Ride monthly trip to Gaylord. Trip includes lunch (self-pay) & to the Walmart Plaza for shopping. **Cost is \$10.00 per person.** Lunch in Gaylord 11:30am. Shopping 12:30pm to 2:00/2:30pm. Register at the Commission on Aging & Senior Center. **989-348-7123.**

Murder Mystery Dinner
Friday, September 27th at 5:00pm
Meet the detective, question the suspects, and discover clues to help solve the mystery!
Admission is \$25 and includes dinner followed by the murder mystery show & dessert. **Registration and payment must be made on or before September 20th** by calling the Senior Center at 989-348-7123.




BLOOD DRIVE
August 22nd 1-5pm
Appointments Preferred—contact 1-866-MIBLOOD or miblood.org
Make a connection that could save lives.



Breakfast Presentation
Healthy Aging & the Wellness Visit
Tuesday, August 27th at 9am
With Denise Whittemore & Mary Boals of Munson Healthcare Grayling
The Medicare Wellness visit is a yearly preventative screening that can help you manage your health and well-being. Learn about the benefits of the visit and how you can take advantage of this free resource.




The Butterfly House & Bug Zoo Trip
Thursday, August 29th
from 10am-3pm
\$30 Trip Cost includes transportation, guided tour through the Williamsburg Butterfly House & Bug Zoo, and Lunch at McGee's 72. This event is wheel chair accessible. Registration and payment is required by August 23rd. Contact Kaitlyn Grieb at (989) 348-7123 for more information.

More Happenings @ the Senior Center

 Satellite Meals Frederic Aug 9th Lovells Aug 16th	 Hearing Clinic July Aug 19th Appt. Required	 Legal Assistance Aug 15th Appt. Required	 Majong Game Wednesdays 1pm
 Alzheimer's Support Group Aug 21st The Brook @ 11am	 DHH Assistance Aug 26th, 1-4pm Appt. Required	 Foot Clinic Call for Appt. Aug 1st Appt. Required	



Crawford County Commission on Aging & Senior Center
308 Lawndale Street, Grayling, MI 49738
(989) 348-7123

