Crawford County Commission on Aging & Senior Center

Activities & Programs
June 2018

WANTED

All Cowboys & Cowgirls
Saddle Up and Head this Way to a

Cowboy Party

Tuesday, June 5th at 5:45pm

Come on out to the Wild West where costumes are not required but appreciated! Western Songs! Western Games! Western Prize!

Smart911
Protecting Millions of Lives

Sign-Up, June 6th 1-4pm
At the Senior Center

Your information – including medical issues, current location and even pets- can help Police, Fire and EMS locate and help you quickly and efficiently when you call 911.

FREE EVENT

Howard Taylor

Thursday, June 7th at 5:45pm

at the Crawford County Commission on Aging & Senior Center

Old country, old standards, fun songs, storytelling & an opportunity for you to learn a little bit more about...

Northern Michigan's best kept secret!

COA FREE Breakfast Presentation

Tuesday, June 12th at 9am

Victims of Crime Act

Join Erika Damstetter, CVLAP-Elder Abuse Attorney to learn about the VOCA grant funding which provides services to victims of elder abuse in Michigan. The services provide free civil legal assistance to victims of elder abuse.

Free Event

GIVE BLOOD

Michigan Blood
MI blood saves lives.

June 12th 1-6pm

Crawford County Commission on Aging & Senior Center
Appointments Preferred by contacting 1-866-MIBLOOD or miblood.org

Attempt to donate & be entered to win a One Night Stay Golf Getaway in Traverse City! Compliments of West Bay Beach & LochenHealth Golf Club.

TAPPING

Thursday, June 14th at 6pm

Come learn the simple technique of tapping!

CANCELLED

Tapping is an effective way to ease anxiety & pain, & change negative

Sorenson-Lockwood

Funeral Home Seminar
Tuesday, June 19th at 5:45pm

Join Terrie Lockwood as she explains the new law regarding the designation of a Funeral Representative, benefits to Veterans, & how funeral services are set up & paid for, especially if a person has Medicaid.

Father's Day Dinner
Thursday, June 21st

Serving Dinner 4pm-6pm

BBQ Ribs, Country Baked Beans, Ramen Noodle Salad, Watermelon, Cherry Pie

More Happenings @ the Senior Center

Satellite Lunches
Frederic June 8th
Lovells June 15th

Hearing Clinic
June 18th
Appt. Required

Legal Assistance
June 27th
Appt. Required

Chair Yoga
June 28th
at 6pm

Alzheimer's Support Group
June 20th
The Brook
@ 11am

alzheimer's association

Foot Clinic
Call for Appointment

DHHS Assistance
June 13th
1pm-4pm
Appt. Required

MDHHS
Michigan Department of Health & Human Services

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