

# January 2021 - Meal Calendar

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**FREE DESSERTS WITH YOUR CONGREGATE MEAL ON TUESDAYS!**



What better way to ring in the New Year than dessert Tuesdays!

We invite you to join us for some sweet treats every Tuesday to celebrate the New Year! See the calendar below for desserts offered in January.

Lunch is a suggested donation of \$3.50 or under 60 cost of \$6. Simply call the Senior Center at (989) 348-7123 between the hours of 9 – 11:30am to order your meal for take-out. Then pick up curbside from 11:30 – 12:30pm and enjoy dessert with your meal!

**1**  
**CLOSED FOR NEW YEARS**

**4**  
**11:30-12:30 Lunch**  
Cabbage Rolls, Parsley Potatoes, Peas & Carrots, Blueberry Yogurt

**5**  
**11:30-12:30 Lunch**  
Stuffed Peppers, Broccoli, Grapes, Cherry Pie  
**4:30-5:30p Dinner**  
Pork Chop Supreme, Redskin Potatoes, Brussels Sprouts, Kiwi

**6**  
**11:30a-12:30p Lunch**  
Steak Salisbury, Mashed Potatoes w/ Gravy, Brussels Sprouts, Grapes  
**4:30-5:30pm Dinner**  
Beef Enchilada, Brown Rice, Corn, Pear

**7**  
**11:30a-12:30p Lunch**  
Sweet & Sour Meatballs, Brown Rice, Peas & Carrots, Kiwi  
**4:30-5:30pm Dinner**  
Chicken Cordon Bleu, Mashed Potatoes, Green Beans, Orange

**8**  
**11:30-12:30 Lunch**  
Parmesan Cod, Pea Pods, Prince Charles Vegetables, Banana

**11**  
**11:30-12:30 Lunch**  
Pot Roast, Boiled Potatoes, Green Beans, Apple

**12**  
**11:30-12:30 Lunch**  
Meatloaf, Mashed Potatoes, Brussels Sprouts, Orange, Chocolate Brownies  
**4:30-5:30p Dinner**  
Mediterranean Chicken, Sweet Potato, Green Beans, Grapes

**13**  
**11:30a-12:30p Lunch**  
Breaded Chicken Breast, Italian Blend Vegetables, Asparagus, Kiwi  
**4:30-5:30pm Dinner**  
Lasagna, Mixed Vegetables, Apple, Breadstick

**14**  
**11:30a-12:30p Lunch**  
Crispy Lemon Chicken, Mashed Potatoes, Peas, Orange  
**4:30-5:30pm Dinner**  
Smothered Pork Chop, Broccoli & Cauliflower, Carrots, Banana

**15**  
**11:30-12:30 Lunch**  
Potato Crunch Pollock, Redskin Potatoes, California Blend Vegetables, Apple

**18**  
**11:30-12:30 Lunch**  
Beef Pot Roast, Redskin Potatoes, Mixed Vegetables, Kiwi

**19**  
**11:30-12:30 Lunch**  
Swiss Steak, Mashed Potatoes, Italian Blend Vegetables, Grapes, Popcorn & Cookies  
**4:30-5:30pm Dinner**  
Chicken Fettuccine Alfredo, Sugar Snap Peas, Broccoli, Banana

**20**  
**11:30a-12:30p Lunch**  
Roast Turkey, Mashed Potatoes w/ Gravy, Peas & Onions, Pear  
**4:30-5:30pm Dinner**  
Western Omelet, Redskin Potatoes, Broccoli & Cauliflower, Applesauce

**21**  
**11:30a-1p Winter Picnic**  
BBQ Ribs, Baked Potato, Honey Glazed Carrots, Tropical Fruit Mix, Apple Pie  
**4:30-5:30pm Dinner**  
Ravioli Squares, Italian Blend Vegetables, Corn, Grapes

**22**  
**11:30-12:30 Lunch**  
Pepper Steak, Brown Rice, Stir Fry Vegetable, Asparagus, Apple

**25**  
**11:30-12:30 Lunch**  
Chicken & Mushroom Orecchiette, Broccoli & Cauliflower, Grapes

**26**  
**11:30a-12:30p Lunch**  
Pork w/ Kraut, Green Beans, Applesauce, Peanut Butter Brownies  
**4:30-5:30pm Dinner**  
Breaded Fish Sandwich, Asparagus, Pear

**27**  
**11:30a-12:30p Lunch**  
Breaded Chicken Fillet, Redskin Potatoes, Brussels Sprouts, Orange  
**4:30-5:30pm Dinner**  
Meatloaf, Mashed Potatoes w/ Gravy, Broccoli, Kiwi

**28**  
**11:30a-12:30p Lunch**  
Hamburger, Green Beans, Corn, Grapes  
**4:30-5:30pm Dinner**  
Shepard's Pie, Carrots, Grapes

**29**  
**11:30-12:30 Lunch**  
Chicken Cacciatore, Brown Rice, Peas & Carrots, Apple