

May 2024 - Meal Calendar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 11:30a-12:30p Lunch Pork Roast, Baked Potato, Green Beans, 4:30-5:30p Dinner Beef Stroganoff, Asparagus, Italian Blend, Breadstick, Apple	2 11:30a-12:30p Lunch Beef and Broccoli, Brown Rice, Stir Fry Vegetables, Berry Blend 4:30-5:30pm Dinner Chicken Fettuccine, Sugar Snap Peas, Broccoli, Orange	3 11:30a-12:30p Lunch Pepper Steak, Brown Rice, Stir Fry Vegetable, Sugar Snap Peas, Kiwi
6 11:30a-12:30p Lunch BBQ Pork Sandwich, Dill and Garlic Potatoes, Crinkle Cut Carrots, Kiwi 4:30-5:30pm Dinner Chicken Enchiladas, Corn and Black Bean Fiesta, Applesauce	7 11:30a-12:30p Lunch Balsamic Chicken, Tomato Parmesan Pasta, Italian Blend Vegetable, Orange 4:30-5:30p Dinner Chicken Stew with Biscuit, Brussels Sprouts, Pear	8 Breakfast Presentation 11:30a-12:30p Lunch Lemon Pepper Chicken, Baked Potato, Brussels Sprouts, Orange 4:30-5:30p Dinner Meatloaf, Mashed Potatoes w/ Gravy, Brussels Sprouts, Strawberries	9 11:30a-12:30p Lunch Beef Tips, California Blend Vegetable, Pear 4:00-6:00p Mother's Day Dinner Spiral Glazed Ham, Au gratin Potatoes, Broccolini, Strawberry Shortcake Layer Cake	10 11:30a-12:30p Lunch Sloppy Joe on Bun, Green Beans, Carrots, Burst O' Berries
13 11:30a-12:30p Lunch Chicken Tenders, Cheesy Mashed Potatoes, Broccoli and Cauliflower, Orange 4:30-5:30p Dinner Taco Salad, Corn, Grapes	No Lunch or Dinner Staff Training	15 11:30a-12:30p Lunch Pot Roast, Mashed Potato w/ Gravy, Corn, Kiwi 4:30-5:30p Dinner Lemon Baked Fish, Redskin Potatoes, Green Beans, Pear	16 11:30a-12:30p Lunch Spaghetti and Meatballs, Broccoli, Cantaloupe & Honeydew, Breadsticks 4:30-5:30pm Dinner Lasagna, Mixed Vegetables, Grapes	17 11:30a-12:30p Lunch Roast Turkey, Mashed Potatoes & Gravy, Peas & Onions, Orange
20 11:30a-12:30p Lunch Chicken Cordon Bleu, Mashed Potatoes & Gravy, Green Beans, Pineapple 4:30-5:30p Dinner Beef Enchilada, Spanish Rice, Carrots, Kiwi	21 11:30a-12:30p Lunch Sweet and Sour Meatballs, Brown Rice, Stir Fry Vegetables, Pineapple 4:30-5:30p Dinner Cabbage Rolls, Redskin Potatoes, Peas & Carrots, Blueberry Yogurt	22 11:30a-12:30p Lunch Hamburger Stroganoff, Green Beans, Apricots 4:30-5:30pm Dinner Baked Penne, Prince Charles, Breadstick, Kiwi Nutrition Education at Dinner	23 11:30a-12:30p Lunch Beef Stew, California Blend Vegetable, Apple 4:30-5:30p Dinner Scrambled Eggs, Turkey Sausage, Hash Browns, Yogurt Blueberry, Wheat Toast	24 11:30a-12:30p Lunch Cheese Ravioli w/Sauce, Asparagus, Italian Blend, Grapes
CLOSED Memorial Day	28 Cookies & Ice Cream 11:30a-12:30p Birthday Lunch Chicken and Dumplings, Harvest Blend Vegetables, Orange 4:30-5:30p Dinner Stuffed Peppers, Broccoli, Cauliflower Kiwi, Wheat Bread	29 11:30a-12:30p Lunch Pork Chop Supreme, Baked Potato, Brussels Sprouts, Kiwi 4:30-5:30p Dinner Shepard's Pie, Carrots, Grapes, Wheat Bread	30 11:30a-12:30p Lunch Meatloaf, Mashed Potatoes w/ Gravy, Brussels Sprouts, Strawberries 4:30-5:30p Dinner Chili with Beans, Broccoli and Cauliflower, Wheat Bread, Banana	31 11:30a-12:30p Lunch Chicken Stir Fry, Brown Rice, Sugar Snap Peas, Apricots

May 2024 - Activity Calendar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 10a – Walk in the Woods - Hartwick 10a Silver Sneakers 10-12:30p Older Michiganians Day 1p Mahjong	2 10a Pokeno 10a Zumba Gold 1p Penny Bingo 3p Medicine Shoppe Bingo 3:30p Daylight Diamonds	3 10:45a Fit for the Aging 1p Pantry Bingo
6 10a Silver Sneakers 1-4p Chess Club	7 9am Friends of Feather Quilting 10a Zumba Gold 5p Game Night	8 9:30a Breakfast Pres. 9:30-10:30a – Food Commodities at St. Mary's Church 10a Silver Sneakers 10a – Walk in the Woods – Hanson Hills 11-1p Blood Pressure/ Sugar Check 1p Mahjong	9 10a Pokeno 10a Zumba Gold 1p Penny Bingo 3:30p Daylight Diamonds 1-5p Legal Assistance 4p-6p Mother's Day Dinner	10 10:45a Fit for the Aging 1p Pantry Bingo
13 10a Silver Sneakers 1-4p Chess Club	14 9a-12p Vaccine Clinic 10a Zumba Gold 1p Card Games 5p Game Night	15 10a – Walk in the Woods – Aspen Park 10a Silver Sneakers 11a Alzheimer's Support Grp. at The Brook in Grayling 11-1p Blood Pressure/ Sugar Check 11:30a Trivia Luncheon 1p Mahjong	16 10a Pokeno 10a Zumba Gold 1p Penny Bingo 3:30p Daylight Diamonds	17 10:45a Fit for the Aging 1p Pantry Bingo Huron Pines AmeriCorps Signature Services Project
20 10a Silver Sneakers 11a-4p Blood Drive 12-3p Foot Clinic – Appt. Required 1-4p Chess Club	21 10a Zumba Gold 12:30-4:30p AARP Class 1p Card Games 4:30p COA Board Meeting 5p Game Night	22 10a – Walk in the Woods – MiLock Preserve 10a Silver Sneakers 11-1p Blood Pressure Ck 12:30-4:30p AARP Class 1p Mahjong 5p Nutrition Education	23 10a Pokeno 10a Zumba Gold 1p Penny Bingo 3:30-4:30p Charcuterie Class 3:30p Daylight Diamonds	24 10:45a Fit for the Aging 1p Pantry Bingo
CLOSED Memorial Day Southwest Side Salad, Chicken Tortilla Soup	28 10a Zumba Gold 11:30 -12:30p Birthday Lunch Party 1p Card Games 5p Game Night Turkey Sub Minestrone Soup Grapes	29 10a – Walk in the Woods – Camp AuSable 10a Silver Sneakers 11a New to Medicare 11-1p Pressure/Sugar Ck 1p Mahjong Side Chef Salad Cheesy Potato Soup Pear	30 10a Pokeno 10a Zumba Gold 1p Penny Bingo 3:30p Daylight Diamonds Garden Salad BBQ Chicken Flatbread, Pear	31 10:45a Fit for the Aging 1p Pantry Bingo Ham & Cheese Sub Cabbage & White Bean Soup