



Senior Project Fresh; Farmers Market Nutrition Program

Call to Schedule your Appointment!

The Crawford County Commission on Aging & Senior Center will be hosting the Senior Project Fresh Farmers Market Nutrition Program this year. Qualified older adults receive \$20.00 worth of coupons that are used to purchase fresh Michigan produce at participating Project Fresh Markets which include the downtown Grayling Farmers Market and the Grayling Greenhouse.

Qualifications

Must be 60 years old or older and a Crawford County Resident

2018 Household size of 1 = below \$1,871.58 / month

2018 Household size of 2 = below \$2,537.58 / month



Coupon distribution will take place on a first-come, first-served basis. If you feel you qualify and would like to participate in the program, please contact Karl Schreiner starting June 11th at 348-7123 to schedule an appointment. **There will be no class this year – only one on one appointments.**

Participants will receive nutrition information and counseling about the various food programs available in Crawford County.