September 2020 - Activity Calendar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 10am Aerobic Drumming	**2** 10am Zoom Zumba	**3** 10am Zoom Zumba 11am Grayling Baptist Food Truck 11:30a Unwind Outside @ Marl Lake 1-3pm Powerful Tools for Caregivers	**4** 10am Stretch via Zoom
7 **CLOSED FOR LABOR DAY**	**8** 10am Aerobic Drumming	**9** **9:30am Commodities @ St. Mary's** 10am Zoom Zumba	**10** 10am Zoom Zumba 11am Grayling Baptist Food Truck 11:30a Unwind Outside @ Rayburn Trail 1-3pm Powerful Tools for Caregivers	**11** 10am Stretch via Zoom
14 10am Aerobic Drumming **2pm Fall Harvest Bingo**	**15** 10am Aerobic Drumming	**16** 10am Zoom Zumba	**17** 10am Zoom Zumba 11am Grayling Baptist Food Truck 11:30a Unwind Outside @ Wakeley Lake	**18** 10am Stretch via Zoom **10am-2pm Foot Care Clinic —Appt. Required** **1pm Intro to Zoom Workshop**
21 10am Aerobic Drumming	**22** 10am Aerobic Drumming	**23** 10am Zoom Zumba **10:30am New to Medicare**	**24** 10am Zoom Zumba 11am Grayling Baptist Food Truck 11:30am Unwind Outside @ Gahagan	**25** 10am Stretch via Zoom
28 10am Aerobic Drumming	**29** 10am Aerobic Drumming **1pm Fall Colors Painting**	**30** 10am Zoom Zumba **11:59pm Scavenger Hunt Entries Due**		

Guest Under Age 60 Welcome!

Participants under the age of 60 are welcome at any of our fitness classes, regular activities, or special events. However, in the event that registration at an event or activity becomes overly full, we are required to give preference to Crawford County Residents ages 60 and over. If you have any questions call (989) 348-7123.