September 2021 - Meal Calendar				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
IF YOU'D LIKE INPUT into our menu for the future consider attending the Congregate Project Council Meeting on Tuesday, September 21st at 3pm		1 11:30a-12:30p Lunch BBQ Chicken, Parsley Potatoes, Carrots, Grapes 4:30-5:30pm Dinner Lemon Baked Fish, Redskin Potatoes, Green Beans, Pear	2 11:30a-12:30p Lunch Swiss Steak, Mashed Potatoes, Italian Blend Vegetables, Grapes 4:30-5:30pm Dinner French Dip Sandwich, Redskin Potatoes, Broccoli, Banana	3 11:30-12:30 Lunch Pork Roast, Baked Potato, Green Beans, Pear
5 CLOSED FOR LABOR DAY	7 11:30-12:30 Lunch Stuffed Peppers, Broccoli, Grapes 4:30-5:30p Dinner Pork Chop Supreme, Redskin Potatoes, Brussels Sprouts, Kiwi	8 11:30a-12:30p Lunch Cabbage Rolls, Parsley Potatoes, Peas & Carrots, Blueberry Yogurt 4:30-5:30pm Dinner Beef Enchilada, Brown Rice, Corn, Pear	9 11:30a-12:30p Lunch Sweet & Sour Meatballs, Brown Rice, Peas & Carrots, Kiwi 4:30-5:30pm Dinner Chicken Cordon Bleu, Mashed Potatoes, Green Beans, Orange	10 11:30-12:30 Lunch Parmesan Cod, Pea Pods, Prince Charles Vegetables, Banana
13 11:30-12:30 Lunch Pot Roast, Boiled Potatoes, Green Beans, Apple	14 11:30-12:30 Lunch Meatloaf, Mashed Potatoes, Brussels Sprouts, Orange 4:30-5:30p Dinner Chicken Taco, Corn, Pinto Beans, Grapes	15 11:30a-12:30p Lunch Breaded Chicken Breast, Italian Blend Vegetables, Asparagus, Kiwi 4:30-5:30pm Dinner Lasagna, Mixed Vegetables, Apple, Breadstick	16 11:30a-1:00p Grand- parent's Day Luncheon BBQ Ribs, Potato Salad, Green Bean Casserole, Tropical Fruit Blend, Assorted Desserts 4:30-5:30pm Dinner Smothered Pork Chop, Broccoli & Cauliflower, Carrots, Banana	17 11:30-12:30 Lunch Potato Crunch Pollock, Redskin Potatoes, California Blend Vegetables, Apple
20 11:30-12:30 Lunch Beef Pot Roast, Redskin Potatoes, Mixed Vegetables, Kiwi	21 11:30-12:30 Lunch Spaghetti & Meatballs, Peas, Grapes, Breadstick 4:30-5:30pm Dinner Chicken Fettuccine Alfredo, Sugar Snap Peas, Broccoli, Banana	11:30a-12:30p Lunch Roast Turkey, Mashed Potatoes w/ Gravy, Peas & Onions, Pear 4:30-5:30pm Dinner Western Omelet, Redskin Potatoes, Broccoli & Cauliflower, Applesauce	11:30a-12:30p Birthday Lunch Beef Pot Pie, Mashed Potatoes, Brussels Sprouts, Orange, Cake & Ice Cream 4:30-5:30pm Dinner Ravioli Squares, Italian Blend Vegetables, Corn, Grapes	24 11:30-12:30 Lunch Pepper Steak, Brown Rice, Stir Fry Vegetable, Asparagus, Apple
27 11:30-12:30 Lunch Chicken & Mushroom Orecchiette, Broccoli & Cauliflower, Grapes	28 11:30a-12:30p Lunch Taco Salad, Pinto Beans, Broccoli, Apricots 4:30-5:30pm Dinner Breaded Fish Sandwich, Asparagus, Pear	11:30a-12:30p Lunch Breaded Chicken Fillet, Redskin Potatoes, Brussels Sprouts, Orange 4:30-5:30pm Dinner Meatloaf, Mashed Potatoes w/ Gravy, Broccoli, Kiwi	30 11:30a-12:30p Lunch Sloppy Joes, Green Beans, Corn, Grapes 4:30-5:30pm Dinner Chicken Fajita, Green Beans, Tossed Salad, Apple	