


April 2024 - Meal Calendar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 11:30a-12:30p Lunch Chicken Tenders, Cheesy Mashed Potatoes, Broccoli and Cauliflower, Orange 4:30-5:30pm Dinner Taco Salad, Corn, Grapes	2 11:30a-12:30p Lunch Spaghetti and Meatballs, Broccoli, Cantaloupe & Honeydew, Breadsticks 4:30-5:30p Dinner Chicken Stew with Biscuit, Brussels Sprouts, Pear	3 11:30a-12:30p Lunch Lemon Pepper Chicken, Baked Potato, Brussels Sprouts, Orange 4:30-5:30p Dinner Meatloaf, Mashed Potatoes w/ Gravy, Brussels Sprouts, Strawberries	4 11:30a-12:30p Lunch Lasagna, Mixed Vegetables, Grapes Senior Center Closed 1-4pm No Dinner	5 11:30a-12:30p Lunch Roast Turkey, Mashed Potatoes & Gravy, Peas & Onions, Orange
8 11:30a-12:30p Lunch BBQ Pork Sandwich, Dill and Garlic Potatoes, Crinkle Cut Carrots, Kiwi 4:30-5:30p Dinner Chicken Enchiladas, Corn and Black Bean Fiesta, Applesauce	9 11:30a-12:30p Lunch BBQ Chicken, Fried Cabbage with Bacon, Beans Baked, Grapes 4:30-5:30p Dinner Beef Tips, California Blend Vegetable, Pear	10 11:30a-12:30p Lunch Pork Chop Supreme, Baked Potato, Brussels Sprouts, Kiwi 4:30-5:30p Dinner Lemon Baked Fish, Redskin Potatoes, Green Beans, Pear	11 11:30a-12:30p Lunch Balsamic Chicken, Tomato Parmesan Pasta, Italian Blend Vegetable, Orange 4-6pm Melting Madness Pizza Party Pizza Party, Pepperoni, Supreme, Hawaiian, Tossed Salad, Fresh Fruit Salad, Ice Cream	12 11:30a-12:30p Lunch Sloppy Joe on Bun, Green Beans, Carrots, Burst O' Berries
15 11:30a-12:30p Lunch Chicken Cordon Bleu, Mashed Potatoes & Gravy, Green Beans, Pineapple 4:30-5:30p Dinner Beef Enchilada, Potatoes, Spanish Rice, Carrots, Kiwi	16 9am Breakfast Presentation 11:30a-12:30p Lunch Chicken and Dumplings, Harvest Blend Vegetables, Orange 4:30-5:30p Dinner Cabbage Rolls, Redskin Potatoes, Peas & Carrots, Blueberry Yogurt	17 11:30a-12:30p Lunch Hamburger Stroganoff, Green Beans, Apricots 4:30-5:30pm Dinner Sweet and Sour Meatballs, Brown Rice, Stir Fry Vegetables, Pineapple	18 11:30a-12:30p Lunch Macaroni & Cheese with Ham, Harvest Blend Vegetables, Grapes 4:30-5:30p Dinner Scrambled Eggs, Turkey Sausage, Hash Browns, Yogurt Blueberry, Wheat Toast	19 11:30a-12:30p Lunch Cheese Ravioli w/Sauce, Asparagus, Italian Blend, Grapes
22 11:30a-12:30p Lunch Breaded Fish Fillet, Cheesy Mashed Potatoes, Crinkle Cut Carrots, Pineapple 4:30-5:30p Dinner Chicken Tacos, Refried Beans, Kiwi	23 Cookies & Ice Cream 11:30a-12:30p Birthday Lunch Pork Roast, Baked Potato, Green Beans, Pear 4:30-5:30p Dinner Stuffed Peppers, Broccoli, Cauliflower Kiwi, Wheat Bread	24 11:30a-12:30p Lunch Chicken Stir Fry, Brown Rice, Sugar Snap Peas, Apricots 4:30-5:30p Dinner Shepard's Pie, Carrots, Grapes, Wheat Bread	25 Taste Testing 11:30a-12:30p Lunch Meatloaf, Mashed Potatoes w/ Gravy, Brussels Sprouts, Strawberries 4:30-5:30p Dinner Chili with Beans, Broccoli and Cauliflower, Wheat Bread, Banana	26 11:30a-12:30p Lunch Pot Roast, Mashed Potato w/ Gravy, Corn, Kiwi
29 11:30a-12:30p Lunch Chicken Drumsticks, Beans Baked Prince Charles Vegetables, Apricots 4:30-5:30p Dinner Chicken Fajita, Roasted Corn & Black Bean Fiesta, Grapes	30 11:30a-12:30p Lunch Western Omelet, Redskin Potatoes, Broccoli and Cauliflower, Grapes 4:30-5:30p Dinner Beef Stew, California Blend Vegetable, Apple	<div style="border: 1px solid black; padding: 5px;"> <p style="text-align: center;">Stay Tuned for all the New Events we are planning at the New Building!</p> <p style="text-align: center;">Potential Including: Dinner Concerts, Game Nights, Painting Classes, Aerobic Drumming, Chair Yoga</p> </div> <div style="border: 1px solid black; padding: 5px; margin-top: 10px;">  <p style="text-align: center;">Running Tally of Support: 31 days, \$9,350 <i>Thank you!</i></p> </div>		

April 2024 - Activity Calendar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY				
1 10a Silver Sneakers 1p Penny Bingo 1-4p Chess Club	2 9am Friends of a Feather Quilting 10a Zumba Gold 5:30p Diamond Dancers - Tinkers	3 9:30-10:30a - Food Commodities at St. Mary's Church 10a Silver Sneakers	4 10a Pokeno 10a Zumba Gold Senior Center Closed 1-4pm Staff In-Service	5 10:45a Fit for the Aging 1p Pantry Bingo				
8 10a Silver Sneakers 1-4p Chess Club	9 10a Zumba Gold 5:30p Diamond Dancers - Tinkers	10 10a Silver Sneakers 1p Mahjong	11 10a Pokeno 10a Zumba Gold 1p Penny Bingo 3:30p Daylight Diamonds 1-5p Legal Assistance 4p-6p Melted Madness Pizza Party	12 10:45a Fit for the Aging 1p Pantry Bingo				
15 10a Silver Sneakers 1-4p Chess Club	16 9am Breakfast Presentation - Community Garden 10a Zumba Gold 4:30p COA Board Meeting 5:30p Diamond Dancers - Tinkers	17 10a Silver Sneakers 11a Alzheimer's Support Grp. at The Brook in Grayling 1p Mahjong	18 10a Pokeno 10a Zumba Gold 3:30p Daylight Diamonds 1p Penny Bingo 3p Medicine Shoppe Bingo	19 10:45a Fit for the Aging 1p Pantry Bingo				
22 10a Silver Sneakers 12-3p Foot Clinic - Appt. Required 1-4p Chess Club National Volunteer Recognition Week	23 10a Zumba Gold 11:30 -12:30p Birthday Lunch Party 5:30p Diamond Dancers - Tinkers National Volunteer Recognition Week	24 10a Silver Sneakers 11a New to Medicare Presentation - Tammy Findlay 1p Mahjong National Volunteer Recognition Week	25 10a Pokeno 10a Zumba Gold 11:30 -12:30p Taste Testing 3:30p Daylight Diamonds 1p Penny Bingo National Volunteer Recognition Week	26 10:45a Fit for the Aging 1p Pantry Bingo National Volunteer Recognition Week April 27th - Drug Take Back Day				
29 10a Silver Sneakers 1-4p Chess Club	30 10a Zumba Gold 5:30p Diamond Dancers - Tinkers	<div style="border: 1px solid black; padding: 5px;"> <p style="text-align: center;">Light Bites Menu for Spring 2024 (starting April 15th)</p> <table border="0" style="width: 100%;"> <tr> <td style="width: 25%;">Southwest Side Salad Chicken Tortilla Soup</td> <td style="width: 25%;">Turkey Sub Minestrone Soup Grapes</td> <td style="width: 25%;">Side Chef Salad Cheesy Potato Soup Pear</td> <td style="width: 25%;">Garden Salad BBQ Chicken Flatbread, Pear</td> </tr> </table> </div>			Southwest Side Salad Chicken Tortilla Soup	Turkey Sub Minestrone Soup Grapes	Side Chef Salad Cheesy Potato Soup Pear	Garden Salad BBQ Chicken Flatbread, Pear
Southwest Side Salad Chicken Tortilla Soup	Turkey Sub Minestrone Soup Grapes	Side Chef Salad Cheesy Potato Soup Pear	Garden Salad BBQ Chicken Flatbread, Pear					