

**CRAWFORD COUNTY COMMISSION ON AGING & SENIOR CENTER**  
**Regular Board Meeting**  
**March 17, 2015 @ 308 Lawndale St., Grayling**

The meeting was called to order at 6:03 p.m. by Carol Lovely.

**BOARD MEMBERS IN ATTENDANCE:**

Cheryl Hopp, Dean McCray, Matthew LeBlanc, Jack Mahank, Jamie McClain, Carol Lovely, and Terry Lockwood (arrived at 6:10pm).

**BOARD MEMBERS ABSENT:** None.

**ALSO IN ATTENDANCE:** Director Snyder, Melanie Conway, Lynn Cheney, Kara LaMarre.

The Pledge of Allegiance was led by LeBlanc. A prayer was offered by Lovely.

**APPOINTMENT OF TIME KEEPER:** McClain was appointed time keeper for the meeting.

**AGENDA:** Motion by McCray, supported by Mahank to approve the agenda. Ayes (6) six, nays (0) zero.

**PUBLIC COMMENT:** None.

**CONSENT AGENDA:**

Motion by Mahank, supported by McClain to approve the Consent Agenda. Ayes (6) six, nays (0) zero. Motion carried.

**CORRESPONDENCE:** None.

**REPORTS**

**A. DIRECTOR'S REPORT:**

- a. Director Snyder stated that she met with the county regarding health insurance premiums. The cost from May 2015 to April 2016 will increase approximately \$1400.
- b. The board would like to compliment Helen Nolan, the Volunteer and Activities Coordinator, on an excellent job of scheduling events.

Motion made by Mahank, supported by Lockwood to receive and file the Directors Report with all attachments. Ayes (7) seven, nays (0) zero. Motion carried.

**B. NEMCSA:** Mahank had no new business to report. Director Snyder stated that Retired Senior Volunteer Program (RSVP) did get their federal grant funding this year effective July 1<sup>st</sup>.

**C. NORTHEAST MICHIGAN REGIONAL COUNCIL ON AGING – Earl Corpe**

Laurie Fields, the Commission on Aging Director of Alpena, spoke at the February meeting. John Murphy the Vice Chair of the State Advisory Council had a discussion on Baby Boomers. OSA state plan objective is to promote a positive image of older adults to combat the negative views of aging in today's society.

**OLD BUSINESS:**

- A. Governance Ends Evaluation:

- a. End #2: Director Snyder will measure the actual number served annually from each township and the city of Grayling. Director Snyder will report this information at next month's board meeting.
- b. End #3: Seniors are satisfied with their experience at the Commission on Aging. End #3 outcome measure will stay the same. Customer service surveys with 100% satisfaction.
- c. End #4: Motion made by LeBlanc and supported by Hopp to change End #4 to: The level of services are acceptable to all seniors in Crawford County. Ayes (7) seven, nays (0) zero. Motion carried.

**NEW BUSINESS:**

**A. Administrative Assistant Contract:**

Motion by Mahank, supported by McCray to accept the Administrative Assistant Contract. Ayes (7) seven, nays (0) zero. Motion carried.

**B. Nutrition Director Position:**

The board discussed adding a new Nutrition Manager Position, and the programs associated with it.

Motion by Mahank, supported by Lockwood to accept the Nutrition Manager position and add \$9425 to the budget. Ayes (7) seven, nays (0) zero. Motion carried.

**C. Governance Policy Calendar-Evaluate Board/Staff Relationship:**

The board discussed the Directors role.

Motion by Mahank, supported by McClain that the Board reviewed the Board Governance Policy and the evaluation of the Board/Staff relationship and finds the agency in full compliance. Ayes (7) seven, nays (0) zero. Motion carried.

**BOARD MEMBER COMMENTS/CONCERNS:**

Lockwood will not be at the April meeting.

Mahank stated that if a board member has not read the Baby Boomers report, they should. Mahank would like to have a strategy to meet each of the focus points. Director Snyder said that it will get scheduled.

Lovely discussed the POST document. It is a document that states a person's end of life choices. It must be discussed with their primary physician. At this time, the State of Michigan does not recognize this document.

**PUBLIC COMMENT:**

Kara LaMarre, from Region 9 Area on Aging discussed the Chronic Pain Management Class (PATH) class. LaMarre stated that a Family Nurse Practitioner mandated the class for people on pain medication. At first participants were very angry. After a few classes participants had the following comments: less pain, reduced pain medication, mild exercise, better nutrition, lost weight, and joints not hurting so much.

LaMarre would like to thank Karl Schreiner for activity looking for potential leaders. LaMarre stated that leaders with a professional background know more information, but lay leaders are doing more. Some participants stated that if the leader did not their own pain issues, they would not have stayed in the class.

**ADJOURNMENT:** Motion by McCray, supported by Lockwood to adjourn the meeting at 8:02 pm. Ayes (7) seven, nays (0) zero. Motion carried.

Respectfully Submitted,

Dean McCray, Secretary

Recorded by Lynn Cheney